CARERS SUPPORT GROUPS

Details of carers support groups for those specifically caring for someone with dementia in Oxfordshire. Further details of programmes and activities are available from the contacts shown.

Where	When	Contact
Banbury Carers Centre, 27 Horsefair	1st & 3rd Fridays each month 10.30 to Noon	Jill 01295 229301 Gwen 01280 702428
Bicester Julier Centre, Coker Close	2nd & 4th Tuesdays each month 10.30 to Noon	Anne-Marie 01869 242808 Stella 07796 441203 David 01865 455816
Chipping Norton ** Outpatients Building, Chipping Norton Hospital	1st Monday of month 10.30 to Noon	Alison 01235 810574
Cowley * Manzil Resource Centre, Cowley Road	Most Friday mornings 10.30 to Noon	David 01865 455816 Stella 07796 441203
Didcot * Ridgeway Day Hospital, 99 Wantage Road	2nd Wednesday of month Noon to 1.30pm	Clare 01235 810575 Stella 07796 441203
Henley * Christ Church Centre, Reading Road	3rd Wednesday of month 2.00 to 4.00pm	Margreet 01491 576503 Jane 01491 637453
Thame * Wykeham Park D.H., East Street	1st Wednesday of month 1.00 to 2.30pm	Caroline 01844 260729
Wantage * Wantage Masonic Hall	2nd Monday of month 10:30 to noon	Alison 01367 -241004
Wheatley United Reformed Church Hall, Crown Square, Wheatley, Oxford	2 nd and 4 th Thursday of the month 1.30 pm to 3 pm.	Liz or Stella 01865 876508
Witney * Methodist Church, High Street, Witney Congregational Church, 4 Welch Way,	1 st and 3 rd Mondays each month	Linda 01993 202100 David 01865 455816
Woodcote Community Centre, Woodcote	2nd Wednesday of month 2.00 to 4.00pm	Pip or Rory 01491 637469

Notes:

1. * It may be possible at these locations to arrange for the person with dementia to be cared for whilst carers attend the group.

2. ** This group is for people with any form of dementia AND those who care for someone with dementia.

3. Friends and family of younger people with dementia are welcome at any of the support groups above, but can also access The Clive Project Exchange. Exchange meetings offer an informal and friendly opportunity to share experiences and expertise with others. Venues vary; for the current programme please contact:

Sue Hosty Tel.: 01865 821699 Mobile: 07813 654077 Email: <u>suehosty@thecliveproject.org.uk</u> , or

Diana Letchford Tel.: 01993 891955 Email: <u>dianaletchford@thecliveproject.org.uk</u>

Anna Eden One to One Co-ordinator The Clive Project Tel.: 01865 794311